

BUNTS SANGHA'S
S. M. SHETTY COLLEGE OF SCIENCE, COMMERCE & MANAGEMENT
STUDIES, POWAI
NAAC ACCREDITED 'A' GRADE
ISO 21001:2018 CERTIFIED
IMC RBNQ CERTIFICATE OF MERIT 2019

Approval Form: Poshan Pakhwada Quiz

Department: NSS UNIT

Program: Poshan Pakhwada Quiz

Objectives: To test the awareness of people about how much protein is needed in ones body.

Need: It is important to make the youth and other generations of the country aware about the importance of Poshan Padkwada

Content: This activity is to make people around the society aware about the proteins required in our body.

Date: 31st March, 2021

Cost/Budget: Nil / Not Applicable

Proposed by: Mr. Sushant Shetty & Ms. Snehal Rai

Verified by: Prof. Vijay Vishwakarma & Prof. John Menezes.



NSS Programme officer



NSS Programme Officer

Minutes of the meeting: Poshan Pakhwada Quiz

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Minutes of the meeting:

- To discuss about the upcoming events.
- To discuss about to prepare Notice (WhatsApp Message) that will be send to others Colleges for participation.
- To allot work to social media team and leaders.
- To discuss about the documentation work.
- To allot Social media team start to work on the poster and brochure for the event and update the social media platform.



NSS Programme Officer



NSS Programme Officer

Notice (WhatsApp Message): Poshan Pakhwada Quiz

Jai Hind..

Hello Fellas!!!

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The NSS UNIT of Bunts Sangha's S. M. Shetty College of Science Commerce and Management Studies, Powai · with the University of Mumbai is back with an Quiz Competition on POSHAN PAKHWADA under FIT INDIA MOVEMENT

TOTAL 20 QUESTIONS WILL BE ASKED related to Nutrients needs in our body, Yoga and Cycling.

Starts:- 30th March, 2021 - 3:00 Pm

Ends:- 31th March, 2021 - 3:00 Pm

Quiz Link:- https://docs.google.com/forms/d/e/1FAIpQLSe_do-Ek4UlnAnDzOgBPMz_3YFihE6h7SY3Hh8pwPH9V-HDQ/viewform?usp=sf_link

Participants scoring 60 and above will be awarded with an E-Certificate ·

Also follow our Social Media Pages for upcoming events -

Instagram - https://instagram.com/shettyunit_b46?igshid=m7t6o9tszuj3

Facebook - <https://www.facebook.com/smshettyunit/>

Youtube - https://www.youtube.com/channel/UC3ysq4y-Y_7UmvOkP6t60_Q

For further queries Contact ·

1. Ishan Salian:- 9773471471

2. Snehal Rai:- 9082362400

Regards

SM Shetty NSS Unit

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Report: Poshan Pakhwada Quiz

Event: Poshan Pakhwada Quiz.

Date: 31st March, 2021

Highlight: The NSS unit of Bunts Sangha's S.M. Shetty College of Science, Commerce and Management Studies, Powai organized a Quiz Competition on Poshan Pakhwada under Fit India Movement on 30th March to 31st March, 2021. Total 263 Volunteers from 13 Colleges across Mumbai had participated in the competition. Participants Scoring 60% and above were provided with the E-Certificates.

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<p>Who is the Father of Yoga? * 1 point</p> <p><input type="radio"/> Patanjali</p> <p><input type="radio"/> Ramdev</p> <p><input type="radio"/> Paramahansa Yogananda</p> <p><input type="radio"/> Jack Lalanne</p>	<p>What is the important for your Vitamin for your Body? * 1 point</p> <p><input type="radio"/> Vitamin A</p> <p><input type="radio"/> Vitamin B1</p> <p><input type="radio"/> Vitamin D</p> <p><input type="radio"/> Vitamin B12</p>	<p>Which of the following is considered a complete protein food? * 1 point</p> <p><input type="radio"/> Almond</p> <p><input type="radio"/> Horse Gram</p> <p><input type="radio"/> Soya Bean</p> <p><input type="radio"/> Cashew Nut</p>
<p>Which is not a type of Yoga Asana? * 1 point</p> <p><input type="radio"/> Sirasana</p> <p><input type="radio"/> Shavasana</p> <p><input type="radio"/> Kakasana</p> <p><input type="radio"/> Kalasana</p>	<p>Which Vitamin is import from Zinc, Iron, and Calcium? * 1 point</p> <p><input type="radio"/> Vitamin A</p> <p><input type="radio"/> Vitamin B</p> <p><input type="radio"/> Vitamin C</p> <p><input type="radio"/> Vitamin D</p>	<p>Which of the following food items is rich in iron? * 1 point</p> <p><input type="radio"/> Rice</p> <p><input type="radio"/> Apple</p> <p><input type="radio"/> Pulses</p> <p><input type="radio"/> Orange</p>
<p>What is the most important nutrient? * 1 point</p> <p><input type="radio"/> Carbohydrates</p> <p><input type="radio"/> Protein</p> <p><input type="radio"/> Fats</p> <p><input type="radio"/> Water</p>	<p>When was the first international Yoga Day celebrated? * 1 point</p> <p><input type="radio"/> 21 June 2014</p> <p><input type="radio"/> 21 June 2015</p> <p><input type="radio"/> 21 June 2016</p> <p><input type="radio"/> None of the above</p>	<p>What is the benefits of Meditation? * 1 point</p> <p><input type="radio"/> Focused Meditation</p> <p><input type="radio"/> Reduce Stress and Depression</p> <p><input type="radio"/> Movement Meditation</p> <p><input type="radio"/> All of the above</p>

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<p>The Sanskrit name for Mountain pose is? * 1 point</p> <p><input type="radio"/> Dandasana</p> <p><input type="radio"/> Tadasana</p> <p><input type="radio"/> Utkatasana</p> <p><input type="radio"/> Uthanasana</p>	<p>Butter has more calories than margarine.* 1 point</p> <p><input type="radio"/> True</p> <p><input type="radio"/> False</p>	<p>Which of these is NOT considered a nutrient? * 1 point</p> <p><input type="radio"/> Vitamins</p> <p><input type="radio"/> Minerals</p> <p><input type="radio"/> Fiber</p> <p><input type="radio"/> Fats</p>
<p>Beverages factor into childhood obesity because kids? * 1 point</p> <p><input type="radio"/> Drink too much soda</p> <p><input type="radio"/> Do not drink enough milk</p> <p><input type="radio"/> Drink too many sugar-sweetened soft drinks</p> <p><input type="radio"/> All of the above</p>	<p>This food group is our body's best source of energy? * 1 point</p> <p><input type="radio"/> Meat Group</p> <p><input type="radio"/> Fats, Oils and Sweets</p> <p><input type="radio"/> Fruit, Vegetables</p> <p><input type="radio"/> Bread and Cereals.</p>	<p>The bread, cereal, rice and pasta group is a good source of ____? * 1 point</p> <p><input type="radio"/> Carbohydrate</p> <p><input type="radio"/> Calcium</p> <p><input type="radio"/> Vitamin D</p> <p><input type="radio"/> Vitamin C</p>
<p>What sort of nutrient is cholesterol? * 1 point</p> <p><input type="radio"/> Mineral</p> <p><input type="radio"/> Fat</p> <p><input type="radio"/> Protein</p> <p><input type="radio"/> Carbohydrate</p>	<p>The healthiest source of protein is meat, poultry, fish, or eggs. * 1 point</p> <p><input type="radio"/> True</p> <p><input type="radio"/> False</p>	<p>Citrus fruits are an excellent source of ____? * 1 point</p> <p><input type="radio"/> Calcium</p> <p><input type="radio"/> Vitamin C</p> <p><input type="radio"/> Vitamin B</p> <p><input type="radio"/> Calories</p>

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How many servings of vegetables do we need each day? * 1 point

6-11

2-3

3-5

5-13

Regular exercise helps with weight control and helps prevent heart disease 1 point

True

False



NSS Programme Officer



NSS Programme Officer

Participation List: Poshan Pakhwada Quiz

1. Toral Chauhan - S. M. Shetty College
2. Mishra Nilesh Jaykant - S. M. Shetty College
3. Samay Shah - S. M. Shetty College
4. Konika sampatlal Bhandari - S. M. Shetty College

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5. Asha keshav chauhan - S. M. Shetty College
6. Ankith Shetty - S. M. Shetty College
7. Lodaya Bhoomi Bhavesh - S. M. Shetty College
8. Ankush Chandrajeet Yadav - S. M. Shetty College
9. Harah dhamal - S. M. Shetty College
10. Ashwini Hanumanta Mutul - S. M. Shetty College
11. Maurya Aniket Jagropan - S. M. Shetty College
12. Upadhyay shivam sanjay - S. M. Shetty College
13. Ravishankar R Upadhyay - .
14. Megha Sabu Pujari - S. M. Shetty College
15. Sahu Sriyakumari Sunil - S. M. Shetty College
16. Saloni Maliwal - S. M. Shetty College
17. Tiwari Sakshi Santosh - S. M. Shetty College
18. Sushant R Shetty - S. M. Shetty College
19. Shrinav Shyam - S. M. Shetty College
20. Sushant R. Shetty - S. M. Shetty College
21. Anchal Mishra - S. M. Shetty College
22. Vandana kadeprasad kanojiya - S. M. Shetty College
23. Sonu rajkumar mahto - S. M. Shetty College
24. Ruchi Mali - S. M. Shetty College
25. Ganesh Prakashchandra Kashyap - N.G Joshi Bedekar College Thane West
26. Vardha Prakash Nalawade - S. M. Shetty College
27. Prerana Vinod Gurav - S. M. Shetty College
28. Harshata Wadkar - Sies College of Arts, Science & Commerce (Autonomous), Sion (W)
29. Jeniflora Mathews - SIES College of Arts, Science and Commerce (Autonomous)
30. Krishna jaiswal - S. M. Shetty College
31. Sweekrati Shetty - S. M. Shetty College
32. Sushmita Poojari - Nava samaj mandal degree college
33. Nandini ramesh Vishwakarma - Jvm mehta degree college
34. Shagun Anil Pandey - Ghanshyamdas Saraf College Of Commerce
35. Shoeb Jabbar Padiyar - Reena Mehta College
36. Shakira dhondiba Patvegar - J.j.magdum college of pharmacy jaysingpur
37. Sneha Mangesh Bhalerao - Smt. MMK College of commerce and economics
38. Sapna Sanjay Shah - Smt. Mmk College
39. Amit Kumar - Bhilai Institute of Technology, Durg
40. Shivam Ramnarayan Tiwari - Bhavan's Hazarimal somani college, chowpatty
41. Himanshu Kamble - Terna Engineering College
42. Jitendra - M.c rathva arts and sciences college pavijetpur
43. Sowmya Sriram - Vivek College of Commerce
44. Nitu Chouhan - SIES college of arts science and commerce
45. KARTIK VILAS BAMANE - S. M. Shetty College

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PRINCIPAL

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46. Anamika yashwant Shah - Vivek college of commerce
47. Nandini mohanlal gupta - Bhavans college
48. Abhishek Ramakant Khandare - Jvm's degree college
49. Ashwini Bhagvat Yelve - Joshi-bedekar college, Thane
50. Mohan Avdhesh Gupta - Vivek College Of Commerce
51. ANIMESH BORKER - Bhilai institute of technology Durg
52. Nishi Chandrakant Patil - Bedekar College
53. Swati Tribhuvan Mishra - Vivek college of commerce
54. Shrutika Dharmesh Gangan - Bhavans College
55. Tanvi Pramod Keskar - VPM'S Joshi Bedekar college, Thane
56. Anita Prajapati - Nava samaj mandal degree college
57. Sadiya Ikramuddin Solanki - Vivek college of commerce
58. Adnan Aslam Khan - Jai Hind College
59. Shweta Mishra - SNTD Women's University (Churchgate)
60. Pingle Nikita Sanjay - Joshi Bedekar College, Thane
61. Ashwini Vijay Ghanekar - Nava Samaj Mandal Degree College
62. NANDINI KISHOR WAGH - Bhavans Hazarimal Somani College Chowpatty
63. Hemant Kumar Barle - Bit durg
64. Ritika Roongta - Saraf
65. Bandapalli Manasa - Government College
66. Renuka Durai Swamy Mudaliar - SIES College of Arts, Science and Commerce (Autonomous) Sion West
67. Tejas Menon - V.K Krishna Menon College
68. Kanojiya Aviral Akhilesh - Ghanshyamdas saraf college
69. Prachi Jaiswal - Bhavans hazarimal somina college
70. KHADTARE PRATHAMESH PRABHAKAR - SIES COLLEGE OF ART'S, SCIENCE AND COMMERCE
71. Mohan Avdhesh Gupta - Vivek College Of Commerce
72. Shoeb Jabbar Padiyar - Reena Mehta College
73. Mishra Abhishek Tribhuvan Nath - University Of Mumbai
74. Abhay Ananda Patil - V. k. Krishna Menon College
75. Shailesh Gaud - SIES COLLEGE OF ARTS SCIENCE AND COMMERCE (autonomous) SION WEST
76. Deepak pandey - Leelavati lalji dayal college
77. Aarti Verma - Shankar Narayan college
78. Shatakshi Jaiswal - SIES COLLEGE OF ARTS COMMERCE AND SCIENCE
79. Shriyansh Santosh Baranwal - V.k.krishna Menon college
80. Shivani Shivkumar Dahiwelkar - SIES College of Arts, Science & Commerce(Autonomous), Sion (W)
81. Bandapalli sridhar naidu - Sri Ramakrishna degree college autonomous nandyal
82. Kalpana premprakash pandey - Bhavans hazarimal somani college
83. Ruchi Makarand shetty - S. M. Shetty College
84. Vyas maya jitendrakumar - M & V ARTS AND COMMERCE COLLEGE ,HALOL
85. ANANDHU SURESH - SIES COLLEGE OF ARTS COMMERCE AND SCIENCE (AUTONOMOUS)
86. Aastha Salim khan - Vivek college of commerce

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87. Sharma Aniket Ayodhya - S. M. Shetty College
88. Ghanchi Mahamad Aftab bhai Siddik bhai - M. & V. Arts & Commerce College Halol, Gujarat
89. Archana Chauhan - S. M. Shetty College
90. Anjali Harishchandra Gupta - Bhavans Hazarimal Somani College Chowpatty
91. Sagar shetty - S. M. Shetty College
92. Chaubey Aman Pradeep - Ghanshyamdas saraf college arts and commerce
93. Ravishnkar j vyas - Sarvoday College
94. Sulata Bhagwan Panigrahi - S. M. Shetty College
95. Madhumitha muthukrishnan - V.k Krishnan Menon college
96. Shraddha bandhu ghorad - S. M. Shetty College
97. Miss Priyanka Mandhani - Govt. Maharani Laxmi Bai Nutan Girls P.G college Kila Maidan Indore
98. Durgani kiran - Sri Ramakrishna Degree college Nandyal
99. Vedant Ranadive - NAGINDAS KHANDWALA COLLEGE
100. Pankati Damania - Bhartiya vidhya bhavans college, chowpatty
101. CHAVAN AISHWARYA GAJANAN - G. N. KHALSA COLLEGE of arts science and technology
102. Gupta ramkumar Ramesh Chandra Madhuri - Smt.M.M.K.COLLEGE of commerce and economic
103. Vaishnavi Jadhav - Guru Nanak Khalsa College of arts science and commerce
104. SHAIKH SABA GULAM NABI. - G. N. KHALSA COLLEGE.
105. Priyanka Mandhani - Maharani Laxmi Bai nutan girls P.G college Kilamaidan Indore
106. Devadarssini Ajith - SIES COLLEGE OF ARTS SCIENCE AND COMMERCE AUTONOMOUS SION WEST
107. Misbaha Abdul Mushtaq Deshmukh - SIES COLLEGE OF ART,SCIENCE AND COMMERCE
(AUTONOMOUS) SION (W)
108. Neha Agarwal - JVM's Degree College,Airoli
109. Dravya kundar - Smt. M.M.K COLLEGE
110. Makardhwaj Rajendra Narkar - SIES COLLEGE OF ARTS, SCIENCE & COMMERCE(AUTONOMOUS),
SION (WEST)
111. Aditya Shridhar Gamre - GN KHALSA COLLEGE
112. RATHVA MEHUL BHAI JAGDISH BHAI - Shri.m.c.rathava arts college Pavi jetpur
113. Pratik More - Nava Samaj Mandal Degree College
114. Sumeet Pillai - Sies College of Arts, Science and Commerce
115. Jogi Zalak Pinakin - Nagingas Khandwala college
116. Gupta Ramkumar Ramesh Chandra Madhuri - Smt.M.M.K.COLLEGE OF COMMERCE AND ECONOMIC
117. Aman kumar - Bit durg
118. Kallingal Suraj Manikandan - SIES COLLEGE OF ARTS SCIENCE AND COMMERCE AUTONOMOUS
SION WEST
119. Pallavi kamble - Vivek college of commerce
120. Achary Rakshita Murthy - SM SHETTY COLLEGE
121. Nirmiti kailas tanpure - Sies college of arts science and commerce autonomous sion west
122. Shruti pal - Guru nanak khalsa college
123. Vaishnavi Venugopal - SIES College of Arts, Science and Commerce (Autonomous), Sion West
124. Manasi kamble - L.S RAHEJA COLLEGE OF ARTS AND COMMERCE

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125. Achary Rakshita Murthy - S.M. SHETTY COLLEGE
126. Dravya kundar - Smt. M.M.K COLLEGE
127. SAI SARAVANAN GOUNDER - SIES college of arts science and commerce sion west autonomous
128. Gayatri Dayashankar Gupta - Vivek college of Commerce
129. Aditi Anil Jadhav - SIES COLLEGE OF ARTS, SCIENCE AND COMMERCE(AUTONOMOUS) SION(W)
130. Abhishek Prakash Gupta - SIES College
131. Pandit Sanjana Akhilesh - Vivek college of commerce
132. RUDRA PATRA - SIES COLLEGE OF ARTS SCIENCE AND COMMERCE (AUTONOMOUS) SION (W)
133. Moksha Kandpal - SIES College of Arts, Science and Commerce (Autonomous), Sion (West)
134. Riddhi Mangesh Parab - G N Khalsa
135. Malviya khushboo chhogaram - Vivek college of commerce
136. Jatin Shravan Pardeshi - Bhavans hazarimal somani college
137. Vagmi Vijay Vadhaiya - Bhavans College chowpatty
138. Dimple Babulal Choudhary - Ghanshamdas Saraf College
139. SOHAIL AHAMED - V.K KRISHNA MENON COLLEGE
140. Shubham Sandeep Shirsekar - SMT. MMK COLLEGE OF COMMERCE AND ECONOMICS
141. Thevar Sumitra Kulantai Pandi - SIES COLLEGE OF ARTS, SCIENCE AND COMMERCE
142. Sohail Shaikh - S. M. Shetty College
143. Vedant Nagesh Yadav - SIES College of Arts Science and Commerce Autonomous Sion West
144. vaishali singh - S. M. Shetty College
145. Kavita R Nag - Bhavan's Hazarimal Somani College, Chowpatty.
146. Arya Kaur Singh - S. M. Shetty College
147. RATHVA SATILABEN PRABHUBHAI - PATEL GROUP OF INSTITUTIONS MEHSANA
148. Gupta Hritick H - Bhartiya Vidya Bhavan's Hazarimal Somani College
149. RATHVA KANUBHAI PRABHUBHAI - SHREE M C RATHAWA ARTS AND SCIENCE COLLEGE PAVI
JETPUR
150. Sadhana santosh Gupta - Vivek College of commerce
151. Divya Darshini S Nathan - Vivek College of Commerce
152. Anjum sayed - Krishna menon college
153. SAURABH DNYANDEV MULE - G.N.Khalsa College
154. Sadhana gupta - Vivek college of commerce
155. Sana Shaikh Shaukat ali - Mmk college of commerce and economics bandra west mumbai maharashtra
156. Smita Ramesh Kori - S. M. Shetty College
157. Christopher.Richard - S. I. E. S. COLLEGE OF ARTS SCIENCE AND COMMERCE
158. Athira Muralidharan Pillai - SIES COLLEGE OF ARTS, SCIENCE AND COMMERCE (AUTONOMOUS),
SION WEST
159. Yashoda Yalappa Mutrasi - S. M. Shetty College
160. Harsh Poojari - SIES
161. Shahid ahmad Khan - Niranjana majithia colleg of commerce
162. HARSH VERMA - S. M. Shetty College
163. Anita Amrika kushwaha - Ghanshyam das Saraf collage of arts commerce

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164. Harshada Dilip Kocharekar - V.K.Menon college
165. NANDINI ARUN KUMAR SHUKLA - G. N. Khalsa College
166. Swati vinay tiwari - Bhavans hazarimal somani , chowpaty
167. Manish d yadav - Niranjana Majithia clg of commerce and science Kandivali
168. Ritu Prajapati - S. M. Shetty College
169. Sarthak suresh ghadavale - Niranjana majithia college
170. Vinay Vijay Salve - S. M. Shetty College
171. Ashwini rajesh Gupta - Sanskardhaam college of commerce
172. Vidhi Thakur - Sies college of arts science and commerce autonomous sion west
173. Gayatri Chauphal - S. M. Shetty College
174. Shaikh Reshma Madar - Vivek College of commerce
175. VAISHNAVI NEELKANTH RANJAN - VIVEK COLLEGE OF COMMERCE
176. Pragati Mane - Guru Nanak Khalsa College
177. Jain Trisha lalit - Ghanshyamdas saraf college
178. Anuja gajinkar - S. M. Shetty College
179. Yadav Sharad Dinesh - S. M. Shetty College
180. Tarun Prajapati - Smt.M.M.K COLLEGE OF COMMERCE & ECONOMICS
181. Pawar mrunmayee suresh - S. M. Shetty College
182. Gupta Nisha Umesh - Ghanshyamdas saraf college
183. Ankita Singh - SIES COLLEGE OF ARTS, SCIENCE AND COMMERCE (AUTONOMOUS) SION (W)
184. Jadhav Rishika parshuram - S. M. Shetty College
185. Pranali Keshav Nalavade - Vpm joshi-bedeakar college, Thane
186. Aswathy Muraleedharan Nair - Sies college of arts science and commerce autonomous Sion West
187. Chandana Rajeswaran Nair - S.I.E.S COLLEGE OF ARTS,SCIENCE AND
COMMERCE(AUTONOMOUS),SION(W)
188. Rohit prakash dahije - Sies asc college sion
189. Aditi Rajesh jaiswal - Reena Metha degree college of arts science commerce and management studies
190. Sruthi Suresh - SIES COLLEGE OF ARTS, SCIENCE AND COMMERCE (AUTONOMOUS)
191. Shweta Ganesh - SIES College of Arts Science and Commerce(Autonomous) Sion (west)
192. Kanhaiya Suresh Maurya - Nava Samaj Mandal Degree College
193. Kirti Vinod Mishra - S. M. Shetty College
194. Abdullah Manihar - Sathaye College PTVA's
195. Yadav Anil sarvjeet - Smt.MMK college of commerce & economics
196. SONI PRATIKSHA SUNILDUTT - SIES COLLEGE OF ARTS, SCIENCE AND COMMERCE
(AUTONOMOUS), SION (WEST).
197. Shifa Abbas Ansari - Shri GPM Degree College of Science and Commerce
198. Sejal Santosh Singh - Ghanshyamdas Saraf College of Arts and Commerce
199. Kanhaiya Suresh Maurya - Nava Samaj Mandal Degree College
200. Pranjal Dixit - Bhilai Institute of Technology , Durg
201. Pooja Jain - Sies college of arts science and commerce (autonomous). Sion(west)
202. Laxmi Praful Dey - Smt. M. M. K College of Commerce and Economics

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203. Vaishnavi wagh - Joshi bedekar college
204. PRATHMESH KOLI - SMT.MMK COLLEGE OF COMMERCE AND ECONOMICS
205. Preeti Gabel - Bhilai Institute of Technology, Durg
206. Mane Komal Vilas - S. M. Shetty College
207. Ritik Behal - K M Agrawal College
208. BAINS GURWINDER KAUR - VIVEK COLLEGE OF COMMERCE
209. Manisha Radheshyam Sahani - Sk.somaiya degree college of arts,science and commerce.
210. Mansi Suhas Ramane - K. J. Somaiya College of Science and Commerce
211. Sanjaykumar H yadav - Sk somaiya degree college
212. Shaikh Shehma Begum Mohammed Yasin - Vivek college of commerce
213. SHRADDHA POOJARI - VIVEK COLLEGE OF COMMERCE
214. Shalini Rajkumar Saroj - Bhavans hazarimal Somani College
215. Dayasagar - Bhilai institute of technology durg
216. Harshjot Singh Kambo - Bhilai Institute of Technology, Durg
217. Mirza Zoha Muslim Hussain - N.G Bedekar College Of Commerce
218. Shruti Gopinath Panda - S. M. Shetty College
219. Shravya poojary - Vivek college of commerce
220. Ayesha khan - S. M. Shetty College
221. Sharma Anand Shyam Narayan - S. M. Shetty College
222. Sandeep Bhaiyaram Soni - S.k. Somaiya Degree college of Arts, Science & Commerece
223. Badhai kothari - Jai hind college
224. Madhavi shaha - Hinduja College
225. Kiren Bakhru - Jai Hind College
226. Bhushan Champalal Shaha - Jai Hind College
227. Yash Raut - Bhilai Institute of Technology, Durg (C.G)
228. Gaurangi Bhardwaj - Jai Hind College
229. Mehdi Ali Lakhani - Jai Hind College
230. Akanksha singh - Jai Hind
231. Durva Tendulkar - Jai hind college
232. Vaishnavi pingle - K G Joshi Bedekar College
233. Kavya Mujawdiya - Jai Hind College
234. SHARMA OMPRATAP JATASHANKAR - JAI Hind College (Autonomous), Mumbai
235. Laveena Kishore Bagade - Jai Hind College
236. Jaina Sampat - Jai Hind College
237. Richard Jaison Cheruvathur - S. M. Shetty College
238. Sanchitha Prakash - Jai Hind College
239. Prity Gouda - Jai Hind College
240. Jyoti sajnani - Jai Hind College
241. Shreeya Vedak - JaiHind College
242. BHAVNA RAMCHANDANI - JAI HIND COLLEGE
243. Radhika Hablani - Jai Hind College

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244. Muazzama Mohd Salim Ansari - Jai Hind college
245. Kunal Jadhav - V K Krishna Menon College
246. Rajni - Bhilai institute of technology durg
247. Archana Sreedharan - Jai Hind College
248. ODELIA REBELLO - JAI HIND COLLEGE
249. Vedika Sharma - Jai Hind college
250. Rajan Prajapati - Jai Hind College
251. TANZEELA KHANAM - JAI HIND COLLEGE
252. Palakshi Sharma - Jai Hind College
253. Abhay Ramkishor Rajak - Jai hind college
254. Budamanna gari Naga siva - Sri Ramakrishna degree college autonomous nandyal
255. Podili venkata sivaramakrishna - Sri Rama Krishna Degree college
256. Jha Shweta Ajay - Vivek college of commerce
257. Ahana Srikanth - Jai Hind College(Autonomous)
258. Rutuja Kiran Shelar - Joshi Bedekar College of Arts and Commerce
259. Nandini Mahapatra - S. M. Shetty College
260. Sana Yasin Shaikh - Bhavans College
261. Ashwini Kawtara Karsanbhai - Bhavans College
262. Sharma Sumit Girdharilal Sharma - Jai Hind College
263. Parikh Urshita Mehul - S. M. Shetty College
264. Manthan Vinayak Pai - Vivek college of commerce
265. Pawan Kumar P Bhat - Vivek College Of Commerce
266. Riddhi Giridhar Padhiyar - S. M. Shetty College
267. Tanvi Arondekar - Vk.krishana menon college

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Certificate: Poshan Pakhwada Quiz

Vijay Krishnaswama

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John Jerez



[Signature]
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NSS Programme Officer **NSS Programme Officer**

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